



The Pelican News

FROM THE PRESIDENTS' DESKS

President's Report

It was good to see travellers Peter and Anne, Gordon and Sue, David and Diane and Louise back from their travels. We hope that they are all refreshed as the next 4 to 6 weeks promise to be busy ones for Members and Friends of our Club.

We ran a **Bunnings BBQ last Sunday** and have one more planned in 2025 on Sunday 16th November. We also had eight Rotarians helping at the Halloween Event at Bunnings last night, where we cooked the BBQ.

We are almost past the planning phase for this years **Christmas Tree Sale** and are moving in to the promotion phase. Banners are due to be up by early next week and flyers will be ready for placing in shops and on Community Notice Boards. We have our site at Mingara booked for the actual sale on Sat 6th and Sun 7th (target 330 trees) and Sat 13th and Sun 14th (target 160 trees.) Prices will only be \$5 higher than last year with a standard tree selling for \$130 and larger trees ranging up to \$170. The quality of the trees is expected to be good.

The organisation of our **Christmas Toy drive** is also underway and contact made with our two main recipients : Challenge Fostercare and The Samaritans, Bateau Bay.

Our **Community Raffle** has also got off to a brisk start with over 30 Community Organisations of all types requesting and being allocated blocks of tickets. Club members and friends have also made a good start in selling enough tickets to cover the \$1800 of costs for the printing of the tickets

I would like to congratulate Julie for organising a very successful "**Cuppatime**" **morning tea**. Not only was it a successful fundraiser for Dementia Australia but the 35 people attending were all interested and appeared supportive of our plans to start a regular "D-Caf " at the PCYC early in the new year (see report inside).

Finally, we would like all members, partners and friends to come to the **next Dinner Meeting on Tuesday 4th November** when we will welcome **this year's District Governor Michele Ellery as our guest speaker**. Michele is an excellent speaker and full of enthusiasm for Rotary.

Clive on behalf of joint Presidents:

David Waterhouse and Clive Denmark

President Clive Denmark
David Waterhouse
Secretary Greg Maloney
Treasurer Julie Glover

**ROTARY CLUB OF THE
ENTRANCE INC.**

**Chartered 26th April 1972
District 9685**

**RI President
Francesco Arezzo**

**District Governor
Michele Ellery**

**MONTHLY BULLETIN
2025-26
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Bulletin editor: Julie Glover
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Follow us:

www.rotarytheentrance.org.au



[RCTHEENTRANCE](https://www.facebook.com/RCTHEENTRANCE)

Meetings are held on 1st and 3rd
Tuesdays (and sometimes 5th)
at the Mingara Club at 6:00 for
6:30

Board meetings on the 2nd
Tuesday on zoom and social
nights on the 4th.

Attendance and apologies to
David: 0450 068887

**UNITE
FOR
GOOD**



Yarran Early Intervention Services

Naomi has now been the CEO of Yarran officially for one year, and she is looking back, realizing she and the team have spent the year learning, adapting, and building.

She came to the conclusion that Yarran needed to reconnect with the community, and learn to be flexible. They have designed not only a new webpage with clear pathways but also a new modern logo, still designed around a tree but with a colourful flair. Referrals are now coming from other agencies instead of just families.

She has worked towards empowering the team with a fresh mindset—a shared perspective and continuous learning. The brains-trust at Yarran has been fortified, and developmental groups established as a first step for families, convincing them that they can do it.

Very impressive is the Therapeutic Equipment library, which has been expanded. She explained that unless families have an opportunity to try equipment in their own homes, they cannot imagine what changes are possible for their children. And unless benefit can be demonstrated, funding is hard to arrange. But there are enormous benefits which can be achieved. For instance, iPads can be used to provide speaking for children, allowing communication channels with others who have no knowledge of anything other than speech. She told us of a non-verbal young man who can now use his iPad to order at McDonalds.



Naomi explained that most people don't know what help they need, and that the job of their staff is to be able to guide families in the right direction, always guiding the children towards being able to function in mainstream setting. But in this changing world she has also recognized the value in also being able to change - or as she said, her new key word is PIVOT!

Nurturing Potential Together—Small steps, Strong Futures.



Jen Beaton, Walk It Off Long Jetty and Terrigal

21st October

Jen came along to tell us about Walk It Off, which is a group designed primarily to improve people’s mental health, through walking and talking together.

There is a Men’s group in Terrigal, and a Women’s group both in Terrigal and Long Jetty. They walk once a week, and Jen explained that the reason the two genders were being kept separate is the many of the women are victims of Domestic violence, and simply don’t feel comfortable in the company of men. Many people are also new to the area, and are lonely, so it is an opportunity for them to meet like-minded women in their area. Jen said that many friendships are being formed, and that it was quite common for the group to have breakfast together after the walk.

On 10th December there is a community day at Trojans at Terrigal to celebrate the Terrigal Ladies one year anniversary.

There are 792 members of the Long Jetty Ladies Walk it Off group, and if anyone wants any further information on the group that would be the place to start!



Hard at work at the Bunnings Halloween Night



On 28th October we had a morning tea to support **Dementia Australia**, but with the aim of bringing together all the people who might be able to assist us in planning the establishment of a Dementia Café (D-Caf) in our area of the coast. This is a very successful Rotary program in many areas, and the blueprint was established by Bobby Redman of Kincumber.

Sadly Bonny was unable to attend due to a previous engagement, but we had an amazing turnout of about 35 people, many of whom work in the Dementia space. There were two people living with dementia and their carers, and the representatives of both Terrigal and Kincumber Club were very helpful with their contributions to the discussion. Six Rotary Clubs were represented!

The PCYC have offered us the use of their room for our ongoing plans, and we have a few ideas as to how to adapt it to nest suit the purpose.

Some of the people in attendance came forward to offer their assistance in volunteering once we get under way, which is wonderful as it does require constant manpower to make this work.

At this stage we anticipate commencing with the D-Caf probably on 3rd February 2026, meeting between 10am and noon on the first and third Tuesday each month.

We will be promoting on social media early in the new year, and numbers will be limited.

I also want to thank the club members and partners who catered such a wonderful morning tea!

Cuppa Time for Dementia



Thank you everyone for coming!

Save The Date

Sunday March 8, 2026
International Women's Day
High Tea

Raising critical funds to underpin the
 Rotary District 9685 Educational Scholarship Scheme
 for Domestic and Family Violence Survivors

Rotary Club of Wahroonga
 Community Bank Lindfield
 Bendigo Bank
 HORNSBY RSL CLUB
 WWS
 Rotary 9685
 UNITE FOR GOOD

Rotary Districts 9660 and 9685 presents...

TOGETHER FOR TOMORROW
 a combined conference

FRIDAY 20TH and SATURDAY 21ST MARCH 2026
NEWCASTLE CIVIC THEATRE AND CITY HALL

Discover the Rotary of tomorrow with visionary speakers and inspiring performances. Register at www.togetherfortomorrow.com.au

Rotary Districts 9660 and 9685

Combined Christmas Party

Rotary The Entrance
 &
The Rotary Club of Erina

16th December 2025
 6:30 for 7:00 pm
 at
Trojans Bistro & Bar
 2 Scenic Hwy, Terrigal NSW 2260

Menu
 (Alternate Drop)

Entrée

- Marinated Chicken Caesar Salad Baby Cos, Smokey Bacon, Garlic Croutons, Egg & Parmesan.
- Teriyaki Beef Skewers with Asian Salad & Nam Jim Dressing

Mains

- Grilled Angus Sirloin Steak (served medium)
- Whitsunday's Saltwater Barramundi

Dessert

- Lemon & Lime tart with Vanilla Nean Ice Cream
- Sticky Date Pudding with Butterscotch Sauce

COST :\$50 per head, partners invited

Payment to be made to your club prior to the 12th of Dec 2025

RSVP numbers by Thurs 12th December 2025 to David
 email waterhouseed@bigpond.com
 or text 0450 068 887

Rotary **UNITE FOR GOOD**

Christmas Tree Sales 2025

SATURDAY 6 & SUNDAY 7 DEC
SATURDAY 13 & SUNDAY 14 DEC
 7am until SOLD OUT

LOCATIONS

LISAROW	WOOLWORTHS LISAROW CARPARK - 3 PARSONS ROAD
TERRIGAL	ROTARY PARK - TERRIGAL DRIVE
WEST GOSFORD	ANACONDA PARKING LOT
GREEN POINT	GREEN POINT CHRISTIAN COLLEGE
TUMBI UMBI	MINGARA RECREATION CLUB - 12 MINGARA DRIVE
WOY WOY	RAILWAY COMMUTER CAR PARK

Supported and sold by Volunteers of the Rotary Clubs of

Kariong/Somersby
 Erina
 Kincumber
 The Entrance
 Woy Woy

CONTACT
 Mobile 0405 159 141
<https://www.rotarychristmastrees.org>
 See website for location details

SUPPORTING GRANDPARENTS RAISING GRANDCHILDREN & OTHER ROTARY COMMUNITY PROJECTS

Upcoming Program:

November			2025	
1st	Sat	Spin & Win	Raffle Tickets	Bateau Bay
4th	Tues	DG Michele Ellery	Mingara	Tumbi Umbi
11th	Tues	Board Meeting		Zoom
15th	Sat	Spin & Win	Raffle Tickets	
16th	Sun	Bunnings BBQ		Tuggerah
18th	Tues	Lenore Zimbabwe	Mingara	Tumbi Umbi
22nd	Sat	Presidents' meeting	10:30 am	Norwest
25th	Tues	Social Meeting	TBA	
December			2025	
2nd	Tues	David — Nepal	Mingara	Tumbi Umbi
6th-7th	Sat-Sun	Christmas Trees	Mingara	Tumbi Umbi
9th	Tues	AGM		Zoom
13-14th	Sat-Sun	Christmas Trees	Mingara	Tumbi Umbi
16th	Tues	Christmas Party with Erina	Trojans	Terrigal
23rd	Tues	No Meeting		
30th	Tues	No Meeting		



**EACH ONE
BRING ONE**



COME, JOIN ROTARY

OCTOBER IS

**ECONOMIC AND
COMMUNITY DEVELOPMENT
MONTH**

"To the world you may be one person; but to one person you may be the world."
Dr. Seuss

Rotary www.rotary.org

DG MICHELE ELLERY PARTNER PROJECT
Australian Rotary Health Funding Partner PhD Scholarship
Investigating Mental Health Research 0-12 years
prevention and promotion in a New South Wales University
Scholarship valued at \$35,000 per year
(Rotary District 9685 in partnership with ARH and the university for 3.5 years)

**UNITE
FOR
GOOD**

Researching mental health in children aged 0-12 years is crucial because mental health challenges often begin in childhood and can have long-term consequences if left unaddressed. Early intervention and prevention strategies are vital for improving lifelong mental health and wellbeing, as well as reducing disparities in mental health outcomes for vulnerable children.

Donations can be made individually or as a club to support this project

Donations to be made directly to Australian Rotary Health

Banking Details:

Australian Rotary Health
BSB 112 879
Account # 065 433 595

Reference: (Club Name first) e.g. LowerBlue FPP

Email: admin@arh.org.au to advise of the donation to the Funding Partner Project and for receipt details. Multiple names and amounts need to be advised.

Tax Deductible receipts sent to donors

Australian Rotary Health – PO Box 6161, Norwest NSW 2154 Phone: 8837 1900

Together we say

NO to **DOMESTIC & FAMILY VIOLENCE**
and
YES to **RESPECTFUL RELATIONSHIPS**

There is no other single **issue** that can **impact** the health, education, economy, equality and progress of all people than the need for **clean water** and **sanitation**



Better food today
A better world
tomorrow

Rotary The Entrance
sincerely thanks our sponsors
and partners, appearing
throughout this Bulletin.




Wyong Leagues Group


Bringing Communities Together



Reminder, our "3R's" apply to any form of abuse to women, men, children and our elderly:

1. **Recognise** signs of abuse
2. **Raise** your concerns "safely"
3. **Refer** victim to one of the many family violence agencies OR Make the call yourself!

MEMBERS		Partner	landline	Mobile
	BEATON, Lenore	Wendy Beaton *		0422 212 170
PP PHF	BENNETT, John	Linda Trewern		0433 945 050
PHF	CANNINGS, Don	Shirley	4339 9093	0421 838 504
3PP PHF	CRAWFORD, Gordon	Sue Kemp PHF *		0412 133 700
	DEAN, Anthea			0423 366 799
3PP 3PHF	DENMARK, Clive	Jenny		0400 425 210
PHF	GLOVER, Julie	Phil PP PHF		0427 426 393
3PP 3PHF	HEARDER, Robin	Judi *	4333 8087	0404 160 548
	LIGHT, Pam			0407 483 355
PHF	PAUL, Louise			0410 241 491
PHF	MALONEY, Greg	Ros		0414 389 590
2PP 2PHF	WATERHOUSE, David	Dianne PHF		0450 068 887
PDG 4PP 6PHF	WARD, Peter	Anne Cantrill	4385 1277	0414 321 773



Rotary

THE FOUR-WAY TEST
of the things we think, say or do

- I. Is it the TRUTH?
- II. Is it FAIR to all concerned?
- III. Will it build GOODWILL & BETTER FRIENDSHIPS?
- IV. Will it be BENEFICIAL to all concerned?

* Family members