



# The Pelican News

## FROM THE PRESIDENTS' DESKS

### President's Report

We ran a **Bunnings BBQ last Saturday, 20<sup>th</sup> September** with all profit going to fund **The Rotary Health Bus ( Mherv)**. It was a nice sunny day and proved to be much busier than our normal Sundays. We ended up cooking 37 packs of sausages ( enough to make nearly 1000 Sausage sandwiches & had sales of over \$3700.. Bateau Bay neighbourhood Centre provided two volunteers and agreed to donate their share to Mherv as well. As a result we should be able to donate over \$2300

**Mherv** was originally started to provide health testing for rural men but expanded to cover rural women . The bus also goes on request to other areas where it is felt often older Australians for financial reasons, or difficulty in accessing services, may be at risk. The bus , with its registered nurse spent a day at bateau Bay and another at the Entrance last February and it is the intention to have it back early in 2026

**Dementia Australia** are encouraging Community Groups to run morning teas under the banner of "Cuppa Day". The Board are planning for the Club to run one at PCYC on the morning of 28th October. We would like all club members to think who we could invite. Of special interest, in view of our hope to start a decaf early in 2026 would be people who have or know someone who has early stage dementia or their carers. Also anyone who is empathic to sufferers and who might be prepared to join us as a volunteer one morning a month

District have notified us of various events being run to fundraise and promote awareness of the project to **eliminate Polio**. There is the annual train ride round all the stations in the extended Sydney system & a theatre show at Chatswood.

Some of us are planning to join Gosford City R.C in an early morning "Wellness walk" along the Gosford Waterfront in support of Mental Health month. Wed 22 Oct near Gosford sailing club 7.00 to 8.30am

Clive on behalf of joint Presidents:

**David Waterhouse and Clive Denmark**

### MONTHLY BULLETIN

2025-26

Volume 55 Issue 2

Bulletin editor: Julie Glover  
weetaliba@bigpond.com

Follow us:

[www.rotarytheentrance.org.au](http://www.rotarytheentrance.org.au)



Meetings are held on 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays (and sometimes 5th) at the Mingara Club at 6:00 for 6:30

Board meetings on the 2nd Tuesday on zoom and social nights on the 4th.

Attendance and apologies to  
David: 0450 068887

Rotary



### THE FOUR-WAY TEST of the things we think, say or do

- I. Is it the TRUTH?
- II. Is it FAIR to all concerned?
- III. Will it build GOODWILL & BETTER FRIENDSHIPS?
- IV. Will it be BENEFICIAL to all concerned?

**President** Clive Denmark  
David Waterhouse  
**Secretary** Greg Maloney  
**Treasurer** Julie Glover

**ROTARY CLUB OF THE  
ENTRANCE INC.**

**Chartered 26<sup>th</sup> April 1972  
District 9685**

**RI President  
Francesco Arezzo**

**District Governor  
Michele Ellery**

**UNITE  
FOR  
GOOD**



## Guest Speaker 5th August – Korina Durley

Korina is a single mother with two children – Koby (10) and Sienna (9).

Korina was addressing the Club in company with the children as a thank you for our financial assistance in allowing the family to attend a conference on the Gold Coast relating to the medical condition of Koby, who at the age of three months was diagnosed with resistant epilepsy.

It was from this tender age that he commenced anti-epileptic medication, however he proved to be drug resistant and consequently suffered hundreds of seizures daily. This caused delayed development as each seizure caused brain damage. His start to life was very hard.

He continued to be drug resistant for the ensuing almost 5 years and was subject to his first brain surgery – a right frontal lobectomy in 2017 at two and half years old. Sadly, he continued to experience seizures post-surgery and in fact his events were indeed worse. His condition was so dire that seizures were triggered by sounds such as an unexpected dropping of an object.

The Children’s Hospital – Randwick, made Koby a full-face helmet to be worn at every waking moment as the slightest sounds would cause him to seize and drop to the floor causing injuries to his body, bit mainly his face.

One positive outcome of his first brain surgery was that the brain tissue extracted was sent off for opinions and it was an overseas epileptic centre that diagnosed Koby with a very rare form of the disease. Koby’s quality of life declined and was no longer safely walking independently, rarely talked and just sat staring.

In 2019 at age four, the Neuro team recommended another epilepsy brain surgery. This surgery involved disconnecting the right hemisphere leaving him with only the left side of the brain functioning – it was called a right functional hemispherectomy. It was this operation that struck gold as Koby has been seizure free since. However, the result was permanent left field vision loss and movement loss of his left side muscles and limbs. Thus, he had to learn to sit, take steps and scan his vision to his left side.

At age six, he was now drug free for the first time since he was three months old!

It was at this time that Korina followed the AUS/NZ Hemispherectomy Foundation Facebook page, a not-for-profit organisation that hosts bi-annual conferences allowing families to attend. HemiCon was held in May 2025 at Sea World Resort – Gold Coast.

The conference provided the essential information for post operative care and in particular the impacts on siblings. Thirty-one “hemi heroes” attended, with ages ranging from two to twenty-seven years old.

Korina thanked our Club for the assistance in getting them to this vital conference and asked that we again consider donating every two years to help facilitate HemiCon families’ attendance.

In conclusion, Korina said there is hope in one hemisphere and above all she is now a better parent having had the interaction at the conference.

**Greg Maloney**





**Caroline Dhu and Kath Clifford**

**Wesley Care finder Service**

**Tuesday 16th September**

make decisions on their own. Many are hesitant to engage with aged care providers. As well as filling in forms, these ladies have expertise in housing, medical, pensions and social support services.

We welcomed these two ladies, who explained that Care finders is a free service. It exists to support vulnerable people – who have no one else who can support them – to learn about, apply for and set up support services. Their job is to help older people in the community who were unable to navigate the stresses involved in applying for and getting government support. Anyone who is eligible for Aged Care is able to access this service if they are struggling.

Issues with coping might be because they face challenges communicating due to language or literacy, or that they struggle to understand or

This branch of the Wesley Mission operates over our local government area. They travel over the whole area and meet up with elderly people, and with their knowledge of what help is available from government agencies and local providers they can source the best outcomes for each person. They follow up regularly until they feel the person is not needing them any further.

Our members were very interested in the presentation, and questions from the floor answered some of their own personal queries as well.



**Camp Breakaway Activity**

Every year we sponsor a special activity at Camp Breakaway. This year we sponsored an Adult Camp in mid-August

They entertained the campers with Drag Queen Bingo, and although the photos are a bit bland, on talking to the campers the presenter was a scream a minute and had the whole room in stiches for the entire session.



## Community Services Report

**Bunnings BBQ 31 August** We had a record Bunnings BBQ at the end of August. We sold over 32 trays of sausages ( more than 800 sausages) and took nearly \$3200 in sales. Thanks to members , Friends and 3 volunteers from Bateau Bay Neighbourhood Centre who helped us during the busy lunchtime peak

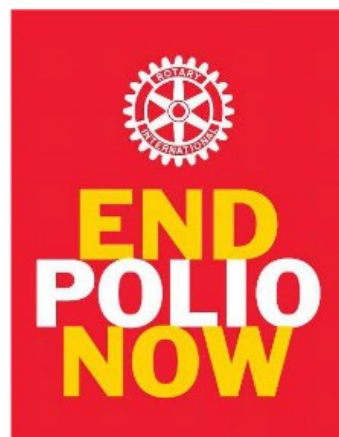
**Bucket Collection at Bateau Bay Plaza in aid of Central Coast Kids in Need.** The collections team of five collected over \$700, distributed flyers & helped raise awareness of CCKIN which is a local charity close to our hearts doing great work supporting families with sick kids in hospital at Westmead and John Hunter, often battling life threatening conditions.


**P.C.Y.C Barbeque and Vocational visit.** The local PCYC hosted a police training day . Teams from many different areas of the NSW police came to PCYC at Bateau Bay over 4 days to show some 24 year 11 and year12 students from local schools what modern policing is all about. We were asked to run a lunchtime BBQ on the Tuesday & Wednesday. We were also invited to watch some of the activities on the Wednesday. 6 club members and partners attended and watch the mounted police go through their paces, then watched the youngsters go through a “beep fitness test” doing series of 20m sprints in quicker times. Those who stayed after lunch also saw members of the dog squad ( which requires much higher levels of fitness than general duties policing ) putting three of their dogs through their paces. An interesting session which fascinated many of the students and the Rotarians who stayed to watch. Our Thanks to Cole Scott and Paul Mangion who cooked the BBQ lunches.

**Bunnings Father Day** - we were asked to manage the front desk at this activity; handing out passport sheets, stickers & free raffle tickets to members of the public and stamping the passports of kids who had spotted the various bluey characters which were spread around the building supplies area. Don , Anthea and Pam ran this activity & reported that members of the public attending the evening appeared to enjoy the activities and free pizza & sausage sizzle.

Finally, we **supported Bateau Bay Neighbourhood Centre (BBNC)** by buying a table of 8 for their inaugural **Concert**. Organised by Kim Juresa and members of BBNC & Bikers hand the concert held at Mingara was attended by about 250. Various largely Country stars including Casey Chambers’ Father & Brother & Adam Harvey got everyone in the mood and we all had a most enjoyable evening. With silent auctions & a raffle and with some good sponsorships from local organisations including Mingara BBNC & Bikers Hand are hopeful of having raised over \$20k for food aid.


As many of these activities were held in the first week of the month of September when 4 members were away it was a very busy time for those of us that were left. Well done to those who attended the various diverse activities, you did well !!!



Kariong/Somersby  
**Rotary**  
Club 

# Invitation

Rotary Club of Kariong-Somersby  
is pleased to invite you to an evening with  
Danita Weatherstone - Soprano singer



**Danita Weatherstone**  
Soprano


Danita Weatherstone is a Soprano singer and has just finished a tour of Australia with Opera Australia. She will be performing with her husband Mat Waugh before flying out to Germany next month to perform with an Opera company over there for the next two years.  
For Opera Australia, Danita has covered the roles of Mimi in La Bohème, Liù in Turandot and Micaëla in Carmen. In Opera Australia's Ghost Sonata, Danita performed the role of 'The Young Woman' where she received praise for her shining voice and character portrayal. She performed the title role of Madame Butterfly in Opera Australia's 2018 Australian National Tour.

Please join us for an evening of fellowship and Opera with Danita & Mat with Champagne and sparkling water on arrival.

LOCATION - Phillip House, 21 Old Mt Penang Road, Kariong  
DATE - 10<sup>th</sup> October 2025  
TIME - 6.30pm for 7.00pm start  
Cost - \$25 (Funds raised to assist Rotary community projects)  
BYO - Drinks & nibbles, coffee & tea provided  
TABLES of 6 or 8 - Form your own table or join another

Click this link to book your attendance -  
<https://www.trybooking.com/DFVCB>

Queries - call Janice Morris - 0414 438238



“We look forward to your company”

**GREAT CASH PRIZES!**

AUSTRALIAN NATIONAL BUSKING CHAMPIONSHIPS™

SCAN TO REGISTER

Rotary Club of Erina **UNITE FOR GOOD**

**CENTRAL COAST HEAT - THE ENTRANCE**  
**SUNDAY 28 SEPT 2025**

Proudly Supported by

Central Coast Council

Community Bank  
East Gosford, Ettalong Beach, Kincumber,  
Lisarow and Wyong

**Bendigo Bank**

**BAX**  
AUDIO VISUAL

Rotary Districts 9660 and 9685 presents...

**TOGETHER FOR TOMORROW**  
a combined conference

FRIDAY 20<sup>TH</sup> and SATURDAY 21<sup>ST</sup> MARCH 2026

**NEWCASTLE CIVIC THEATRE AND CITY HALL**

Discover the Rotary of tomorrow with visionary speakers and inspiring performances. Register at [www.togetherfortomorrow.com.au](http://www.togetherfortomorrow.com.au)

Rotary Districts 9660 and 9685

*Save The Date*

**Sunday March 8, 2026**  
*International Women's Day High Tea*

Raising critical funds to underpin the  
Rotary District 9685 Educational Scholarship Scheme  
for Domestic and Family Violence Survivors

Rotary Club of Wahroonga

Community Bank Lindfield

**Bendigo Bank**

HORNBSBY RSL CLUB

**WWS**  
Wahroonga Women's Society

Rotary 9685 **UNITE FOR GOOD**

**WELLNESS WALK 2025**

Walk, talk, connect - your wellbeing starts here

Walking together for Mental Health Month  
A simple way to encourage wellbeing and show your support for our community.  
Business teams welcome. Prizes for creativity and team spirit.

- ✓ \$10 pp entry (includes breakfast)
- ✓ Gentle walk & talk
- ✓ Guest speaker presentation

7:00 - 8:30 AM, Wednesday, 22 October 2025  
Lions Park, adjacent to Gosford Swimming Pool  
10 Masons Parade, Point Frederick NSW 2250

Register Here

Proudly Sponsored by

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COUNSELLING

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INFORMATION TECHNOLOGIES

GITTOES

evolve  
CORPORATE

Mark Anderson  
PROPERTY

[WWW.GOSFORDCITYROTARY.ORG.AU/WEWELLNESSWALK](http://WWW.GOSFORDCITYROTARY.ORG.AU/WEWELLNESSWALK)



**UNITE FOR GOOD**

Researching mental health in children aged 0-12 years is crucial because mental health challenges often begin in childhood and can have long-term consequences if left unaddressed. Early intervention and prevention strategies are vital for improving lifelong mental health and wellbeing, as well as reducing disparities in mental health outcomes for vulnerable children.

Donations can be made individually or as a club to support this project

Donations to be made directly to Australian Rotary Health

Banking Details:

Australian Rotary Health  
BSB 112 879  
Account # 065 433 595

Reference: (Club Name first) e.g. LowerBlue FPP

Email: [admin@arh.org.au](mailto:admin@arh.org.au) to advise of the donation to the Funding Partner Project and for receipt details. Multiple names and amounts need to be advised.

**Tax Deductible receipts sent to donors**

Australian Rotary Health – PO Box 6161, Norwest NSW 2154 Phone: 8837 1900

# Cuppa Time for Dementia



Rotary The Entrance invites all local community members with an interest in Dementia to attend a morning tea, to be held on

**Tuesday 28th October at PCYC Bateau Bay at 10am**

Our intention is to find out how the community would react to the introduction of a Rotary Dementia Café in our local community twice a month during 2026.

We are looking for sufferers, carers, potential volunteers and people who work in the space.

Please come along with your friends, your ideas and your loved ones and help us shape a new service for our community.

Gold coin donation for Dementia Australia.



**Rotary**  
The Entrance



Supported by



## QUICK RESPONSE (QR) CODE 'BRUSHING SCAM' ALERT!

A 'brushing scam' is a tactic used by online sellers to boost their product ratings, the scam includes unusual parcels being delivered. Recently this scam has evolved to include the use of a malicious QR code.

To find out the origin of the unexpected parcel, the victim will scan the QR code which downloads malicious software, compromising passwords and financial details.

**BEWARE** of unexpected parcels, even if they're addressed to you.

**BEWARE** of parcels with no sender information.

**DO NOT** scan QR codes from unknown sources.

**DO NOT** grant access to unknown apps or websites - **Be cautious with phone permissions.**

### IF YOU'VE BEEN SCAMMED:

Contact your local police or call the Police Assistance Line on **131 444**

Report as "ID Crime" via: [cyber.gov.au/report-and-recover/report](http://cyber.gov.au/report-and-recover/report)

To report a scam attempt (no financial loss): Visit [www.scamwatch.gov.au](http://www.scamwatch.gov.au)



**Rotary**



**TOGETHER WE SEE A WORLD WHERE PEOPLE UNITE AND TAKE ACTION TO CREATE LASTING CHANGE ACROSS THE GLOBE IN OUR COMMUNITIES AND IN OURSELVES**



PB

# Upcoming Program:



October

Judi — 4th

September			2025	
26th	Fri	<b>Social Meeting</b>	Cecilia's	Toowoan Bay
28th	Sun	Busking Competition	Memorial Park	The Entrance
30th	Tues	<b>NO Meeting</b>		
October			2025	
4th	Sat	<b>Spin &amp; Win</b>	Raffle Tickets	Bateau Bay
4-5th	Sat-Sun	Distribute Raffle Tickets	Mingara	Tumbi Umbi
7th	Tues	Naomi Martin Yarran	Mingara	Tumbi Umbi
11-12th	Sat-Sun	Distribute Raffle Tickets	Mingara	Tumbi Umbi
12th	Sun	RCL meeting	2- 4pm Phillip House	Kariong
14th	Tues	<b>Board Meeting Zoom</b>		Zoom
21st	Tues	Club Speaker	Mingara	Tumbi Umbi
26th	Sun	<b>Bunnings BBQ</b>		Tuggerah
28th	Tues	Cuppa for Dementia	PCYC	Bateau Bay
November			2025	
1st	Sat	<b>Spin &amp; Win</b>	Raffle Tickets	Bateau Bay
4th	Tues	DG Michele Ellery	Mingara	Tumbi Umbi
11th	Tues	<b>Board Meeting Zoom</b>		Zoom
18th	Tues	Club Speaker	Mingara	Tumbi Umbi
22nd	Sat	Presidents/District meeting	10.30 am at Rydges	Norwest
25th	Tues	<b>Social Meeting</b>		
December			2025	
2nd	Tues	Outside Speaker	Mingara	Tumbi Umbi
6th-7th	Sat-Sun	<b>Christmas Trees</b>	Mingara	Tumbi Umbi
9th	Tues	AGM		Zoom
13-14th	Sat-Sun	<b>Christmas Trees</b>	Mingara	Tumbi Umbi
16th	Tues	Christmas Party with Erina		
23rd	Tues	<b>No Meeting</b>		
30th	Tues	<b>No Meeting</b>		



There is no other  
single **issue**  
that can **impact** the health,  
education, economy, equality and  
progress of all people  
than the need for  
**clean water**  
and **sanitation**



Better food today  
A better world  
tomorrow



Rotary The Entrance  
sincerely thanks our sponsors  
and partners, appearing  
throughout this Bulletin.




# Wyong Leagues Group

*Bringing Communities Together*



Reminder, our "3R's" apply to any form of abuse to women, men, children and our elderly:

1. **Recognise** signs of abuse
2. **Raise** your concerns "safely"
3. **Refer** victim to one of the many family violence agencies OR Make the call yourself!

MEMBERS		Partner	landline	Mobile
	BEATON, Lenore	Wendy Beaton *		0422 212 170
PP PHF	BENNETT, John	Linda Trewern		0433 945 050
PHF	CANNINGS, Don	Shirley	4339 9093	0421 838 504
3PP PHF	CRAWFORD, Gordon	Sue Kemp PHF *		0412 133 700
	DEAN, Anthea			0423 366 799
3PP 3PHF	DENMARK, Clive	Jenny		0400 425 210
PHF	GLOVER, Julie	Phil PP PHF		0427 426 393
3PP 3PHF	HEARDER, Robin	Judi *	4333 8087	0404 160 548
	LIGHT, Pam			0407 483 355
PHF	PAUL, Louise			0410 241 491
PHF	MALONEY, Greg	Ros		0414 389 590
2PP 2PHF	WATERHOUSE, David	Dianne PHF		0450 068 887
PDG 4PP 6PHF	WARD, Peter	Anne Cantrill	4385 1277	0414 321 773

\* Family members