



The Pelican News

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ROTARY CLUB OF THE ENTRANCE INC.

Chartered 26th April 1972
District 9685

RI President
Jennifer E. Jones
District Governor
Mina Howard



**IMAGINE
ROTARY**

Meetings are held on 1st and 3rd Tuesdays (and 5th) at the Mingara Club at 6:00 for 6:30 Board meetings on the 2nd Tuesdays and social nights on the 4th.

Attendance and apologies to
David: 43881749 or
0450068887

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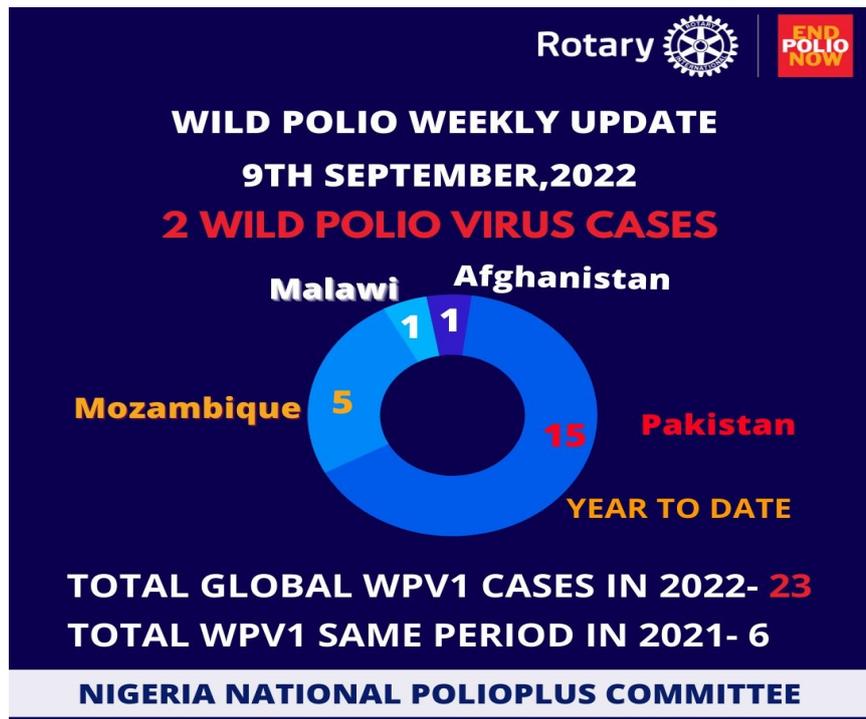
**FORTNIGHTLY BULLETIN
2022-23**

Volume 52 Issue 8

Bulletin editor: Julie Glover
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World Polio Day 2022 and Beyond: A healthier future for mothers and children.

I took a moment to search the net on the current Polio situation and was alarmed to find these statistics on a Nigerian Facebook page. It has been difficult during the pandemic to continue vaccinations in countries of concern, the US is amongst 30 countries now with outbreaks. **The fight is not over!**



*Happy birthday
to Judi for the 4th!*



“It is not better nor worse...

It’s just different..”

Joan Ducarme is our outbound exchange student for 2023. He spoke to us recently about what he has discovered of his host town, and even his first host family.



to travel this year. He was excited to learn that in January he will be going to the State of Sao Paulo in the south east of Brazil. His home for his exchange year will be Ribeirao Preto which is in the north of the state of Sao Paulo. Ribeirao Preto has a population of 700,000 people and is a well known university city in Brazil.

“I already made contact with my first host family. My father Andre in the middle and my two older

Joey is no stranger to relocation. He told us he was born in France, in the city of Montpellier on the Mediterranean in 2008. That is why he and his family speak French at home. When he was 4 years old they left France for Australia. They settled in Dee Why on the Northern Beaches, but have been living on the Central Coast for five years now.

There have been many forms, quizzes and interviews for Joey to be accepted into the Rotary Youth Exchange Program—one of only four students from our district



brothers Leonardo and Felipe seem really nice and are very excited to meet me next year and

show me around. I have created a WhatsApp group with my Brazilian family, and I am looking forward to meeting and learning about them and their culture. Next to my family you see the private school I will be attending. I understand that my family lives a few blocks away from my school so hopefully I will be able to walk there.

I would like to once again, thank the Rotary Club of The Entrance for sponsoring me for the rotary youth exchange next year. If you have any questions just let me know. Obrigado. Thanks.”

Joey with his family



Abuse of the Elderly

In late September Joe Scicluna & myself attended a seminar at Mingara organised by Legal Aid NSW (Gosford Office) which focussed on the subject of Abuse of The Elderly. Attendees were mostly professionals from the Homecare Industry (including Nurses , and providers of home care services)

It was stated that whilst Domestic Violence now received much more focus than it did 20, or even 10, years ago that Abuse of the Elderly received little publicity except for some extreme cases.

An Elder Abuse Prevalance study conducted in 2020/21 estimated that up to 15% of the elderly had experienced some form of elderly abuse in the previous 12 months. It was found that psychological Abuse was the most common followed by financial abuse & Neglect. Thankfully physical abuse was much less common and formed under 10% of complaints.

It is important to understand what could amount to these forms of abuse of an elderly person (most commonly someone over 80 with limited mobility & with some short term memory loss)

Psychological Abuse-mainly verbal abuse but also preventing access to friends & family& preventing or restricting access to supports/services (people who could provide care but who could also report on signs of neglect!)

Financial abuse- mainly financial exploitation, misuse of Powers of Attorney, restricting access to the elderly persons funds or using them for their own purposes without telling them. (In the worst cases carers, often children or grandchildren, often with financial problems or with a drug or gambling addiction had used all the old person's funds and built up debt which resulted in the elderly person losing their house and becoming homeless).

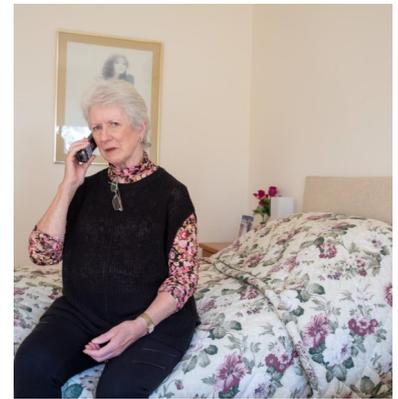
Neglect-Failure to meet a person's support needs, medical neglect or inadequate food, clothing or warmth.

Who are the most common abusers? – regrettably if the elderly are still living at home they are usually close relatives , often children or perhaps younger siblings or grandchildren who may have moved in ostensibly to care for the old person but have increasingly focussed on meeting their own needs (often but not necessarily feeding a drug or gambling habit or covering financial problems.)

A snapshot of reported allegations in NSW in 21/22 noted Psychological 1898 (21%), followed by financial 1208 (26%), fi& neglect 1059 (22%) with physical 336 (7%)

This is considered to be the “tip of the Iceberg” as many cases remain unreported as the Elderly person does not have the mobility or confidence to raise concerns themselves. Most

reports are lodged by other family members or by health or social workers who , even with limited access, have seen that things are not right.



Tackling The Problem

The Aging & Disability Commission (ADC) was set up in 2019 (Ageing & Disability Helpline – 1800 628221 (mon to fri 9-5pm) General Enquiries 02 4904 7500 www.adc.nsw.gov.au

Legal Aid NSW have an office in Gosford – tel 02 4324 3611

Comment: Legal aid in Gosford help organise the Seminar. They **are listed in our Community Services Directory** & when I checked their entry they made the point that whilst legal aid to run court cases is means tested that they are always happy to give free advice to anyone but especially the Elderly and Disabled

I will bring some of their cards to our next live meeting but think it is worth noting that the card is headed “**everyone deserves respect**” & then lists four rights:

- To control & access your own money
- To attend appointments without (or with) another person
- Choose to see family & friends when they wish
- Have easy access to clean clothes, food, and medication

It then asks “**are you ok**” and asks six simple questions which indicate potential coercive control or abuse

Comment :Those of us that have had exposure to care of elderly family members know how challenging the two way relationship can be & how some elderly relatives resist the offers of outside help as they fear “the authorities” will take them from their homes and place them in an institution. Many children provide essential support in helping them stay in their own homes. Yet for some elderly people with dementure the child who provides the day to day support may be resented whilst the children who live further away can be favoured. Any situation that involves family members can be very complex & often goes back to how the parents treated those same children when they were growing up.

The **A.D.C** notes that in Australia we have some 3.8m people over the age of 65 and that is estimated to more than double to 8.8m over the next 25years

The Challenges of responding to cases of Elderly Abuse are only likely to get bigger in years to come.

PP Clive

WINE BY THE LAKE—29th October **NEXT SOCIAL**
THE ENTRANCE LAKE HOUSE

There will be TWO VISITING TIMES each lasting for 3hrs with unlimited tasting from 12 wineries.

Our start time is 2:30pm – and our group tickets are \$10. Wine will be sold by the glass (via tokens) and you can purchase wine by the bottle at Cellar Door pricing for take home.

The Entrance Lake House will be offering a Festival Style Menu between \$10 - \$20 for a range of snacks, seafood, local oysters, burgers, cheese plates and more

TOKENS

Tokens are the official festival currency once you enter the gates for all wine.

One token is equal to \$3

Tokens can be purchased with your tickets online or at the Bar within the restaurant.

Tokens must be used to buy wine by the glass at wine stands. They can also be used to purchase food from the restaurant.

Wineries will offer free 10ml tasting and charge tokens for 120ml pour of your chosen beer/cider. The number of tokens will depend on the wine.

Cash WILL NOT be accepted by the wine stalls.

Restaurant bar will be open for all drinks, via cash, credit card or tokens

Cash/credit card will ONLY be accepted for the purchase of bottles, which will be for take away in sealed box at the end of your session.

UNUSED TOKENS

Please note at the end of the festival, tokens that you haven't used cannot be redeemed for cash.

All tokens are non-refundable .We suggest purchasing tokens in smaller quantities if you are unsure of how many you will use.

TICKETS

Pay on the day—numbers to Clive the week before.

Get your tasting tokens on entry and redeem them for a wine glass, oysters or street food.

Token proceeds goes to our vendors and supports locally-made produce.

Tokens are available for purchase online with your entry ticket at a discount or at the door on the day.

Ticket Conditions

Tokens can be redeemed for 120ml glass or food at selected vendors on the festival.

Tokens can also be purchased in the venue for \$3 each.

This is a fully licensed event

No BYO alcohol on the day

The event is friendly for persons with disability (flat ground floor area, adequate amenities).

FAQs

What does my TICKET include?

- Live Music by local musicians
- Glass for Free Wine Tasting from 12+ wineries
- Access to restaurant street food menu

Tokens are extra and need to be purchased at the venue on

CENTRAL COAST

MENTAL HEALTH ART WORKS! EXHIBITION

2 YEARS+ Est. 1999

9:30am - 4pm daily
 8 - 17 October 2022
 FREE entry
 FREE workshops!

The Community Gallery at Gosford Regional Gallery
 36 Webb Street, East Gosford

BRINGING IT INTO THE LIGHT. A CELEBRATION OF CREATIVITY AND MENTAL HEALTH

ccpc.com.au/mhaw

Coast & Country PRIMARYCARE

QR code

Rotary

THE FOUR-WAY TEST
 of the things we think, say or do

- I. Is it the TRUTH?
- II. Is it FAIR to all concerned?
- III. Will it build GOODWILL & BETTER FRIENDSHIPS?
- IV. Will it be BENEFICIAL to all concerned?

SAFE FAMILIES

Stopping Abuse in Families Everywhere

OCTOBER IS ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

"If we can make a difference in the life of one person in a community, it is a small yet significant step to empowering a whole community."
 Leshmi Naizoo

Rotary

TAKE ACTION: Join Rotary, Get Involved



ROTARY CLUB OF THE ENTRANCE

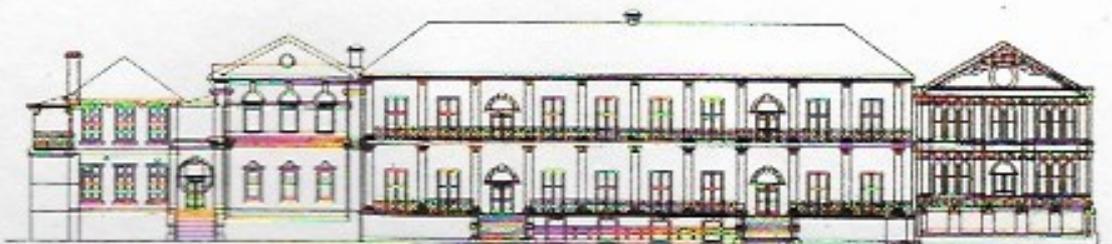
Mr DAVID MEHAN (The Entrance)—I rise to acknowledge the Rotary Club of The Entrance, which is celebrating its 50-year anniversary, and congratulate them on the myriad of community projects they have accomplished in that time.

The Rotary Club has fulfilled a variety of community projects since its establishment in 1972. Among many is the beautification of Saltwater Creek Park at Long Jetty which has been renamed Rotary Park, as well as initiated the erection of a pathway linking the retirement village at Killarney Vale with Councils cycle way.

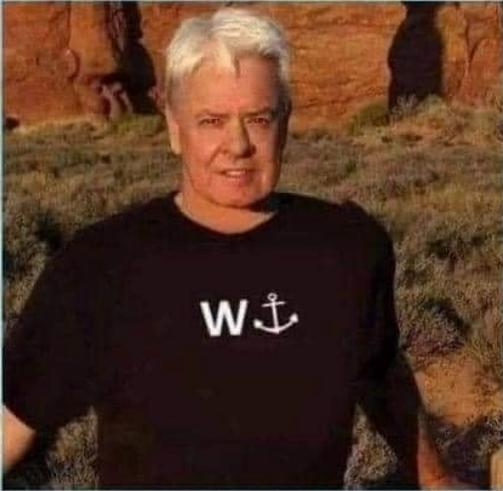
The Rotary Club has also contributed to Gosford Hospital Rotary Lodge and provided support for many charity programs and welfare agencies, including Camp Breakaway at San Remo, Meals on Wheels, Aspect School for children with Autism, Central Coast Kids in Needs and the Coast and Country Primary Care HOTS team.

These are just some of many projects undertaken by the club over the last 50 years, and on behalf of The Entrance community, I would like to sincerely thank The Rotary Club of The Entrance for all they have achieved in our community. Thank you.

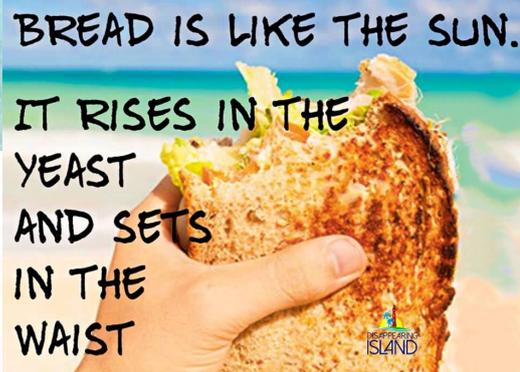
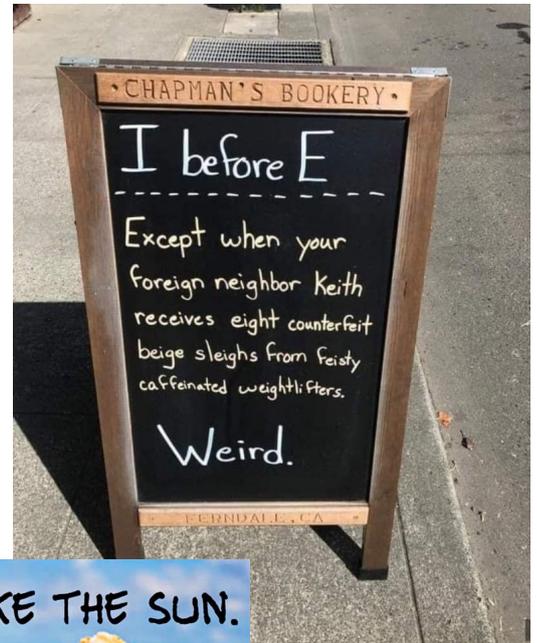
Legislative Assembly Hansard – 21 June 2022 – Proof



My mother-in-law sent me this shirt all the way from England!



She must really like me. I think it's from a yacht club.



Upcoming Program

October			2022	
15th	Sat	Spin & Win	Community Raffle Tickets	Bateau Bay
18th	Tues	NO MEETING		
23rd	Sun	CC KiN Bunnings BBQ	Cooks needed	Tuggerah
25th	Tues	Induction Meeting		Mingara Boardroom
29th	Sat	Social function	Wine tasting	The Entrance Lake House 2:30
28-30		Grandparents Raising Grandkids	Sunday BBQ	Point Wollstonecraft S&Rec
November			2022	
1st	Tues	TBA		Mingara
5th	Sat	Spin & Win	Community Raffle Tickets	Bateau Bay
8th	Tues	Board Meeting		Zoom
12th	Tues	Bunnings BBQ	Everyone advise Clive of availability	Tuggerah
15th	Tues	TBA		Mingara Boardroom
19th	Sat	Spin & Win	hams	Bateau Bay
22nd	Tues	Social Night	??????	????
29th	Tues	TBA		Mingara Boardroom

Speaker Reports for the Pelican News So that the job of reporting on our speakers can be shared around, we will be having a roster . As a guide perhaps 250 — 600 words.

Please advise if you are unable to do your allocated day.

25th October — any volunteers?

The Rotary Club of The Entrance sincerely thanks our sponsors and partners, appearing throughout this Bulletin.



Better food today
A better world
tomorrow



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* Family members