



Rotary



Rotary Club of THE ENTRANCE



# The Pelican News

SERVE TO CHANGE LIVES

ROTARY CLUB OF THE ENTRANCE INC.

Chartered 26<sup>th</sup> April 1972 District 9685



Rotary Club of the Entrance

<http://www.rotarytheentrance.org.au>

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## FORTNIGHTLY BULLETIN 2021-22

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### 49 years helping the local community#

**RI President Shekar Mehta**

**District Governor Lindsay May**

All meetings currently being held on Zoom. Once lockdown is over our business meetings should resume as face to face on 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays but Board meetings will continue largely on Zoom unless agreed otherwise.

President	Secretary	Treasurer
Peter Ward	Robin Hearder	John Bennett

Bulletin editor - Julie Glover weetaliba@bigpond.com

**ZOOM:** If you wish to join in a Zoom Meeting contact **David Waterhouse** by telephone call or SMS by noon on Monday on 4388 1749 or 0450 068 887

### FROM THE PRESIDENT'S DESK

Thinking about lock down today - if it is getting to me, I'm sure I'm not alone. So what to do about it? The most important action I think is to regularly check in with family and friends – boosts them and you in the process.

We talked in our last club meeting about people looking for things to do – knitting beanies has been a recent winner. In Rotary we have many ways to expand our horizons without leaving home.

Enrolling in a Rotary Leadership Institute session (RLI) is one way – and very interactive with the other participants.

Look for opportunities to join other club meetings like we will with Erina next week. But they don't have to be local clubs. I've joined a few Sydney eClub meetings with members and speakers located all around the world. Or maybe you were planning to visit another

country and plans have been cancelled – Google Rotary clubs in that country and contact one or two – I'd expect most are meeting on Zoom and would welcome a visitor.

Or maybe you want to learn about what other clubs are doing – the DG newsletter is a good starting place. And there is all the project information on the Rotary International website.

Or maybe you have an interest in a specific cause – Rotary Action Groups are a great place to start.

Or maybe there is a recreational activity you are missing or thinking about starting – no surprise that there are Rotary fellowship groups the cover activities from A to Z.

Some many opportunities, to explore, meet up and communicate with like-minded people. And when you find these gems, invite your family and friends to participate with you.

**Peter Ward**

## Distribution of Shelterbags

On Tuesday morning (17th August) I had the privilege to deliver ten Sleeping Bags to Coast and Country Primary Care for the use of homeless people in our community. It was a quick operation with social distancing observed. The feedback was positive and Joel was happy to get the bags so he can distribute to those who need them. He said that most of the homeless had been found places to stay in motels during covid restrictions. However he said that there are still a few that are on the streets.



*Don Cannings*



## Stove Team International film 17<sup>th</sup> August

<https://www.stoveteam.org/>

Peter introduced a film borrowed from the Kincumber Club, who were looking for a project. This initiative was driven by a lady who had been working in Central America with a medical team, and realised that all the cooking done in the houses was done on a fire built on the floor of the hut, burning wood. This was a serious health risk to the women and children, who breathed in the smoke all day every day – calculated that a baby might breathe in the equivalent of 3 packets of cigarettes per day, while with his mother in the house. With no ventilation and a build up of black carbon there was no escaping health issues. Furthermore, carrying the quantity of wood required every second day on her head was causing serious neck injury, and children playing in the cottage could fall into the fire. It was estimated that there are up to 4 million deaths per year from this type of cooking, and that up to 4 billion stoves of this kind are used across the world.



An additional problem is the quantity of wood being burnt every day. The Cookstove Team have developed a rocket-elbow stove which can be easily built into homes, built of bricks with a crushed pumice floor and a chimney taking the smoke outside. The design is very fuel efficient, using less than half the wood so benefitting the environment with both less deforestation and less air pollution, and the stove is up off the floor and cooler to touch so burns are not such a problem.

The stove can be built by locally owned factories, using parts and labour sourced from the region, so that the money donated to the project is doubly beneficial, supplying jobs for many. They estimate the price of a stove is \$US100.

You can see a very brief version of the movie here: <https://youtu.be/USuuBg82UE>



## Community Service—Joe keeps on keeping on!

**La Carta** food donation – please refer to photos from the Café's donation. I gave these to Bateau Bay Neighbourhood Centre this time. There were 26 meals and 6 bread rolls.



**Robyn Shield** – This lady keeps on giving. She initially gave me 2 phone and 2 bags of beanies, scarves and blankets. She then gave me another bag of beanies, scarves and socks. Yesterday, she gave me another bag of knitted items.

The next lot of food came from Master Chef herself – my better 3/4. Spaghetti bolognese with cheese on top. They are all properly labelled. I gave these to Benevolent Society and Jackie is going to give half to next door Neighbourhood Centre.



**Joe Scicluna**

# Rotary



**THE FOUR-WAY TEST**  
of the things we think, say or do

- I. Is it the TRUTH?
- II. Is it FAIR to all concerned?
- III. Will it build GOODWILL & BETTER FRIENDSHIPS?
- IV. Will it be BENEFICIAL to all concerned?

## LOCKDOWN QUIZ Answers page 4

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name ?

2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh ?

3. Before Mt. Everest was discovered, what was the highest mountain in the world ?

4. How much dirt is there in a hole... that measures two feet by three feet by four feet ?

5. What word in the English Language... is always spelled incorrectly ?

6. Billy was born on December 28th, yet his

birthday is always in the summer. How is this possible ?

7. In California, you cannot take a picture of a man with a wooden leg. Why not ?

8. What was the Prime Minister's Name...in 1975 ?

9. If you were running a race, and you passed the person in 2nd place, what place would you be in now ?

10. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white" ?

11. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, how many haystacks would he have if he combined them all in another field ?

### Speaker Reports for the Pelican News

So that the job of reporting on our speakers can be shared around, we will be having a roster . Clive has done a great job on the report in this bulletin. As a guide perhaps 250 – 600 words.

Please advise if you are unable to do your allocated time.

If we have a member speaking, could they provide a synopsis for the Bulletin please? But if we have a guest speaker, we will have a roster for that.

31st August—Gordon

7th September—Joe

## BOARD MEETING – Points of interest Tuesday 10<sup>th</sup> August 2021

DG Lindsay May OAM official visit to our Club is to be Tues 21st September. The proposed Joint Christmas party with RC Erina in December should be agreed and also written into the Program.

Members should consider attending the District Leadership Institute course which could be done on-line. Next course was 8th – 10th October.

There is no further news on the proposed CC Rotary Christmas trees project, so Peter & Joe will try to arrange a meeting with RC North Lakes / Toukley. Joe has also spoken to Kerin at the Christmas shop about further selling details. The RC Gosford City was organizing a Car Rally fund-raiser on 19th September. Perhaps this could be a future project for our Club.

The proposed Timeline for issuing the Annual Community Raffle tickets was discussed, together the proposed public sales dates. The draft Raffle Ticket from the printer with the prizes was also shown to members. David showed two suggestions for a new Club banner for discussion. Peter asked for them to be circulated so that everyone could comment. David would circulate a survey sheet on Club shirts shortly.

Joe has been busy collecting about 30 used mobile phones, which were donated and given away to The Benevolent Society, Bateau Bay Neighbourhood Centre, CC Primary Care, and Shoebox Revolution. Also 3 loads of food were given away last week including La Carta Café & Art Gallery, Wyong.

Kathleen circulated suggestions for a new name for the “Christmas in July” which is now scheduled for 27th November.

The meeting organizing the Golf Day was cancelled and it is likely the 28th October event will be postponed.

Peter attended a Zoom meeting on 17 July with RC Columbo Regency, NSW Sri Lanka Association, and District Foundation Team. Further details had been provided and our Club will act as the Grant sponsor. Peter, David, and one Club Volunteer will be our Club’s contacts.

Julie said that in most other Rotary Clubs, the Newsletter would include member details of names, phones and emails (but not addresses). It was agreed it could be included.

**Next Board Meeting to be Tuesday 14th September at 7.00 pm**



## Upcoming Program

August			2021	
31st	Tues	Combined with Erina RC	Peter Cane on CJ Dennis, the poet who wrote <i>The Sentimental Bloke</i> .	Zoom
September			2021	
7th	Tue	Speaker TBA		Zoom
14th	Tues	Board Meeting		Zoom
18th	Sat	Spin & Win	COVID PERMITTING	Bateau Bay
21st	Tue	Distribute Raffle Tickets	DG Visit	Mingara/ Zoom
27th	Mon	Combined with Kincumber RC	Maree Jenner	Zoom

### Lockdown Quiz answers:

- |   |   |   |
|---|---|---|
| <ol style="list-style-type: none"> <li>1. Johnny, of course.</li> <li>2 Meat.</li> <li>3. Mt. Everest; it just wasn't discovered yet. [You're not very good at this are you ?]</li> <li>4. There is no dirt in a hole.</li> <li>5. Incorrectly</li> </ol> | <ol style="list-style-type: none"> <li>6. Billy lives in the Southern Hemisphere.</li> <li>7. You can't take pictures with a wooden leg. You need a camera to take pictures.</li> <li>8. Same as is it now - Scott Morrison [Oh, come on ...]</li> <li>9. You would be in 2nd. Well, you</li> </ol> | <ol style="list-style-type: none"> <li>passed the person in second place, not first.</li> <li>10. Neither, the yolk of the egg is yellow [Duh]</li> <li>11. One. If he combines all of his haystacks, they all become one big one.</li> </ol> |
|---|---|---|

# Beanies' Project

We had a wonderful presentation from Sheridan of the Shoebox Revolution on how just two sisters manage to provide around 450 care packages to the homeless. She was asked how we could help these two creative ladies. "Beanies!" she said. "It's hard to get beanies!"

Living in a retirement village with some 500 people locked down, many on their own with not much to do, I volunteered to get them active making beanies. The Village Manager came on-board and emailed all residents. She also advertised the project on our new information TV channel created for the village.

The first response was from a lady with arthritis who couldn't knit so gave us all her yarn and knitting needles. This reminded me of the time we had a mobility scooter to lend. When we advertised it, we ended up with no takers and two more scooters! I'm pleased to say that we have since given some of the yarn away!

Numerous residents have started knitting, and even crocheting and a week later we have already received 15 beanies and I know many more are under construction. I've also received many phone calls from residents who are grateful for having something of purpose to do.

This is a real win-win project where everyone involved, knitters, distributors and, of course, the homeless are winners.

**Gordon Crawford**



Social Night attendees on Zoom this week wearing beanies in support of this project! Gordon and Sue now have more than 30 and still more coming!



When you finally see your friends after the lockdown

If anyone is keen to join in knitting beanies, here is a simple beanie pattern and a list of all the places on the coast at which you can leave donations for Shoebox Revolution.

Should you wish to donate elsewhere, I am sure Joe could make other suggestions!



**8 PLY STOCKING STITCH BEANIE**

If you follow these instructions, approximately 75g of wool will knit a beanie. Please feel free to do your own thing to create an individual beanie if desired!

**Materials**

2 balls 8ply wool  
Pair 4.5mm needles

**Tension**

Stocking stitch – 21 sts and 28 rows to 10cm using 4.5mm needles

Using 4.5mm needles cast on 106 stitches

1<sup>st</sup> row: K2, \*P2, K2, repeat from \* to end  
2<sup>nd</sup> row: P2, \*K2, P2, repeat from \* to end  
Repeat first 2 rows 4 times - 10 rows rib in all

Work 26 rows stocking stitch beginning with a knit row

**Shape crown**

1<sup>st</sup> row: K1,\*K11, K2 tog, repeat from \* to last st, K1 (98 sts)  
2<sup>nd</sup> row: and alternate rows: Purl to end  
3<sup>rd</sup> row: K1,\*K10, K2 tog, repeat from \* to last st, K1 (90 sts)  
5<sup>th</sup> row: K1,\*K9, K2 tog, repeat from \* to last st, K1 (82 sts)  
7<sup>th</sup> row: K1,\*K8, K2 tog, repeat from \* to last st, K1 (74 sts)  
9<sup>th</sup> row: K1,\*K7, K2 tog, repeat from \* to last st, K1 (66 sts)  
11<sup>th</sup> row: K1,\*K6, K2 tog, repeat from \* to last st, K1 (58 sts)  
13<sup>th</sup> row: K1,\*K5, K2 tog, repeat from \* to last st, K1 (50 sts)  
15<sup>th</sup> row: K1,\*K4, K2 tog, repeat from \* to last st, K1 (42 sts)  
17<sup>th</sup> row: K1,\*K3, K2 tog, repeat from \* to last st, K1 (34 sts)  
19<sup>th</sup> row: K1,\*K2, K2 tog, repeat from \* to last st, K1 (26 sts)  
21<sup>st</sup> row: (K2 tog) 13 times  
Break off yarn, run end through remaining stitches, pull tight and secure.

**Make Up**

Using mattress stitch, join seam

**ABBREVIATIONS**

K – Knit  
P – Purl  
St – stitch  
Tog – together  
Stocking stitch – one row knit, one row purl



**Shoebox Revolution Collection Points**

- Bateau Bay Bright Start Preschool
- Belmont The Widdon Group
- Budgewoi LJ Hooker
- Charmhaven Café Fielio and Angel Zoo Childcare
- Copacabana Public School Coast OOSH
- Erina Signarama and Kings of Punjab
- Kariong Better Health Practices
- Lakehaven Shopping Centre Service Desk
- Ourimbah Podiatry
- Terrigal Parklife
- Toukley Trio Embroidery
- Tuggerah Westfield Customer Service Desk
- Wyoming Rajshahi Indian Restaurant
- Wyong St Vincent de Paul

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**MINGARA**  
Life's Great!

# The Rotary Club of The Entrance sincerely thanks our sponsors and partners, appearing throughout this Bulletin.



This issue featuring the businesses which have kindly offered support for our planned Golf Day. What a wonderful community we live in!



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