



# The Pelican News

## ROTARY CLUB OF THE ENTRANCE INC.

Chartered 26<sup>th</sup> April, 1972 District 9685

Facebook; Rotary Club of The Entrance

Website: <http://www.rotarytheentrance.org.au>

PO Box 8173 Tumbi Umbi 2261

WEEKLY BULLETIN 2019 – 2020

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47 years helping the local community

RI President Mark Daniel Maloney

District Governor Kalma McLellan

### CLUB BOARD MEMBERS

**President**

Clive Denmark

**Secretary**

John Bennett

**Treasurer**

Peter Ward

**President Elect (20-21):** Clive Denmark

**Foundation:** Peter Ward

**Youth:** Gordon Crawford

**Community:** Robin Hearder

**Bulletin Editor:** Secretary

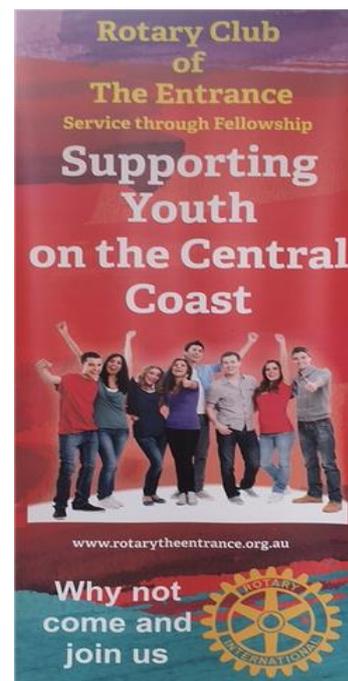
**Club Administration:** David Waterhouse

**Membership:** Gordon Crawford (ALL)

**International:** David Waterhouse

**Vocational:** Peter Ward

**Auditor:** Jim Gorman



## MAY IS ROTARY YOUTH SERVICES MONTH

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Bulletin Editor- President Clive  
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**CATERING**

To assist with seating could you make your apology or book in any guests?

**David Waterhouse** by telephone call or SMS by noon on Monday on 4388 1749 or 0450 068 887

**Child Protection – apply at** [WWW.check.cyp.nsw.gov.au/Application/Applicants](http://WWW.check.cyp.nsw.gov.au/Application/Applicants)

Use the name on your driver's licence. Receive a number APPxxxxx. Attend RMS office with number & proof of ID. A WWC number ending with V will follow by E-mail e.g. QQC1234567V

## From the President's Desk

Our business meetings on 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays are currently all held on Zoom and all regular members & some friends and visitors have joined us

**. We have our normal meeting this Tuesday 2nd when I plan to induct Don Cannings & are hoping to show a presentation from the Rotary Club of Cobar about their drought relief program.**

**Next week on Tues. 9<sup>th</sup> June** we have been invited to join a “zoom” meeting at RC of Erina when **Gemma Sisia ( House of St Jude, Tanzania) will be the speaker**

One welcome sign of the easing of restrictions is the **reopening of the restaurants in Mingara . Alice, who runs the noodle bar & Ming Dragon** has always looked after us & would, I'm sure, be pleased to see any of us at the Ming Dragon. Bookings are essential as numbers will be strictly controlled ( 4349-7838)

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## Notices- Online activities during the months of May & Early June

1. Tuesday 2<sup>nd</sup> June – Business meeting on Zoom – Don's Induction. & Presentation from the Rotary Club of Cobar.
2. Tuesday 9<sup>th</sup> June – meeting of R.C of Erina – speaker Gemma sisia ( house of St Jude ) contact David Waterhouse if you would like to attend
3. Tuesday 16<sup>nd</sup> June- Board meeting
4. Tuesday 23<sup>rd</sup> or 30<sup>th</sup> – Changeover Meeting TBD

## Report on activities undertaken over the last 2 Weeks

**Fundraising** opportunities post covid 19 are few & far between. We were given a Bunnings voucher by Bunnings to help our fundraising when they cancelled our March bar B Q at short notice. I have used 2 x \$50 vouchers myself & Kathleen & Anthony Trott bought a further 4 vouchers for \$200 to use on their house renovations so we have added a total of \$300 to the Project account in May.

### **Zoom Meeting held on Tuesday 19<sup>th</sup> May.**

It was a pleasure to induct Marcel into the club. It was our first induction for a while & our 1<sup>st</sup> ever on Zoom. She has hit the ground running volunteering to look after our facebook page . Members, please make sure you are using your facebook accounts & ensure that you are being notified when Marcel updates . She has already put on an invitation to the RI Virtual World Convention from 20th June over 6 days & posted a photo of the “book library on a pole” of which she’d like to see 4 of in our area.

We then had 3 members each speaking on an overseas project that the club was considering giving a donation to before the end of the month.

**David Waterhouse** spoke on the **supporting school kids at Sindhuli, Nepal** – for \$75 pa you can send a child to school, buy the material for their uniform, pay for their text books & ensure they get a hot meal once per day ( Rice & Dahl ( spiced chickpeas))

**President Clive** spoke on the appeal from the **House of St Jude for Covid health kits for school children & their families** ( \$80 per kit covers sanitisers, bleach, soap & basic foodstuffs )

**St Judes is a school for the children of the poor in Tanzania** , it was established & grown by an Australian lady called Gemma Sisia with funding from a lot of Rotary Clubs in Australia



**PDG Peter Ward** spoke on the project sponsored by **RC of Terrigal-** helping **school kids & their families in one of the townships in South Africa in the present Covid 19 pandemic**

**Board Meeting held on Tuesday 26<sup>th</sup> May.**

Secretary John will have full minutes out soon but ill just touch on two of the matters discussed.

**Youth Exchange-** it is by no means certain that Youth Exchange will take place in 20/21 but if it does it is likely to be shortened to 6 months.

We have been approached by a local father, Sebastien Ducame on behalf of his son Pablo for us to sponsor them. They are locals based in Killarney Vale & have already attended a district run information evening.

As most of you are aware we sponsored Becky Trott as an outgoing last year & the incoming student was hosted by a Sydney Club.

We have been asked by the Youth Exchange Committee if we would consider taking an inbound this year.

PDG Peter, Youth Director Gordon & myself as President spoke in favour. Previously the club had been concerned about being able to provide 4 host families but a six month exchange would only require two families for 3 months each and The Trott & Ducame families are happy to host. It is important that the whole club is behind it as inbounds usually attend most meetings & a number of district activities and require transportation.

The Board was happy for Pres. Clive and Youth Director Gordon to speak to Pablo & Sebastien & continue dialogue on the possibility of Youth Exchange going ahead & our club being involved

**Donations-** The Board had agreed that we had some \$4000 still available for donation in 20/21 but that some \$950 at least was earmarked for Drought Relief as it had been donated by the public for that purpose. Community Services Director Robin remarked that he felt Cobar club could be a good conduit & the Board agreed he should contact them & find out how local farmers in the Cobar area were faring .

We agreed \$500 for Coast shelter & discussed a couple of other local donations & then turned to some overseas projects. We had discussed 3 such projects at our last meeting but David Waterhouse indicated that in the case of Nepal a greater need than supporting local schooling had arisen. Nearly a million Nepalese work in neighbouring India & due to the Covid-19 crisis many had returned to Nepal. However, as many had Covid 19 or could be carriers they were not welcome home in their local towns & villages & were being housed in camps in the Capital Katmandu. R.C of Wagga Wagga had initiated a RAWCS appeal & as David & Diane had worked with them over the last 20 years had asked us whether we were prepared to assist.

The board took in to account the need & the long connection & agreed to donate \$1000 but still indicated a willingness to make a small donation of \$240 to the School of St Jude.

# COVID-19 resources

## **COVID what you can and cannot do**

<https://preview.nsw.gov.au/covid-19/what-you-can-and-cant-do-under-rules>

## **Helpline services**

Lifeline Australia

**13 11 14**

Mensline Australia

**1300 78 99 78**

Beyond Blue

**1300 22 46 36**

Kids Help Line

**1800 55 18 00**

*If you are in an emergency, or at immediate risk of harm to yourself or others, please contact emergency services on Triple Zero (000).*

**Family and domestic violence support** Find out what to do if it's not safe for you to stay at home. You can call our Domestic Violence Line anytime on [1800 65 64 63](tel:1800656463).

**Mental Health and COVID** <https://nswmentalhealthcommission.com.au/mental-health-and-the-coronavirus>

## **Mental health and the elderly**

<https://www.health.nsw.gov.au/mentalhealth/Pages/services-opmh.aspx>

## **Staying active**

<https://sport.nsw.gov.au/stayingactive>

## **Food services for older Australians**

<https://www.health.gov.au/sites/default/files/documents/2020/04/assistance-with-food-and-meals-for-older-australians-impacted-by-covid-19.pdf>

## **Isolation resources for individuals and families – Psychology**



COVID 19 Isolation  
Resource for Individu:

## **COVID and your children**

<https://emergingminds.com.au/resources/supporting-children-during-the-coronavirus-covid-19-outbreak/>

<https://www.childrens.health.qld.gov.au/chq/our-services/mental-health-services/qcpimh/natural-disaster-resources/storybooks/>

Note Ed. The highlighted web addresses will need to be copied & saved in to your google or other web browser or rekeyed in , they are not click on links ! sorry!

**Sanitiser** now seem readily available but if anyone wants a small bottle of sanitiser I still have a couple of large bottles and some of the smaller bottles Kathleen got me & am happy to drop them off to you

Our **club has stocks of** 36 cans of “**Diet Coke**” & 13 cans of “**Coke no Sugar**” **left over from Bunnings bar B Qs** which have “best before” dates of May & June 2020. Would anyone who drinks those brands buy them from us . Any reasonable offer? Say 50c per can? Contact clive ( mob 0400-425210)

## Humour

Four guys were at a campsite. They had to bunk two to a room but no one wanted to share with Daryl because he snored so badly. They decided it wasn't fair to make one of them stay with him the whole time, so they voted to take turns.

The first guy slept in the same cabin as Daryl, and came to breakfast the next morning with messy hair and bloodshot eyes. The other two said: Man, what happened to you?

Daryl snored so loudly, he replied. I just sat up and watched him all night .

The next night, it was the second guy's turn. In the morning the same thing happened, he appeared hair all standing up, eyes all bloodshot.

The other two said: Man what happened to you? You look awful!

He said: Man that Daryl shakes the roof. I couldn't do anything but sit up and watch him all night .

The third night was Rich's turn. Rich was a big burly ex-football player, a man's man.

The next morning he came to breakfast, bright-eyed and bushy tailed. Good morning, he said. The other two couldn't believe it-he looked rested and wide awake.

They asked: Man, what happened?

He said: Well, we got ready for bed. I went and tucked Daryl into bed and kissed him good night. Daryl sat up and watched me all night.

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One day a little girl was sitting and watching her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head.

She looked at her mother and inquisitively asked: Why are some of your hairs white, Mum?

Her mother replied: Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white .

The little girl thought about this revelation for a while and then said: Mumma, how come all of grandma s hairs are white then?

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Get this, said the man to his mates, Last night while I was down the pub with you guys, a burglar broke into my house.

Did he get anything? his mates asked.

Yeah, a broken jaw, six teeth knocked out, and a damaged groin. The wife thought it was me coming home drunk.

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**Courtesy Stephen Hammond-Parker**

## We wish to thank our Sponsors

